

# AMAC FISH WRAP

May 2009

Alberta Marlin  
Aquatic Club  
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## Club News

The Fish Wrap is back! With the evolution of the AMAC website it seemed that the Fish Wrap had faded into extinction but, due to the efforts of a diligent few the Fish Wrap has recovered. The new wrap will be a scaled down version of the original, intended to give our members and supporters a quick monthly update on AMAC activities, meet results and upcoming events. If you have suggestions on how we can improve the FW please contact Peter or Blair.

As you all know 2008-09 has been another terrific year for AMAC swimming with our membership continuing to grow

and our performances in the pool exceeding all previous standards. As a result, our swimmers (and coaches) are being rewarded with new opportunities to train and compete. While everyone may not get to attend these camps and meets they do benefit our club as a whole. This past weekend five AMAC swimmers participated in the **Swim Alberta Stroke Camp in Medicine Hat**. Amanda Andrew (Bk), Charlotte Haugan (Fr), Tianna Rissling (Fly), Bailey Sloan (Fr) & Jessica Wong (Bk). All five of the girls did a great job and should bring a couple of fresh ideas back to their training (maybe not the backstrokers because they had to listen to the same stuff they hear everyday from Peter). Swimmers can qualify for Alberta stroke camps by medaling at Age Group

Provincials, finaling at Age Group Nationals or achieving an 11 & over Youth Recognition time standard. Peter is the provincial backstroke coach because so many of you do the above. While those swimmers were training this past weekend we had seven JAG swimmers racing in the **Spring Fling JSC Meet in Calgary**. Nicholas Belanger, Draven Hummer, Brady Penman, Alaina Rissling, Connor Rissling, Kate

Smith & M a r c S m i t h combined for 25 best times and some big tech-

nical improvements. Meanwhile, Jordan Harper headed east to his home province of Saskatchewan to compete in their **Canada Games Trials in Regina**. Jordan won the 50/100 Free and 50 Fly and will now represent Saskatchewan at the Canada Summer Games in Charlottetown, PEI this August. Congratulations to Jordan and Tianna Rissling, who qualified earlier this year for the Alberta team. We will be watching for you on TV August 24-29.

**AMAC Year End Celebration Banquet** - mark June 19th on your calendar for the social event of the year. A great night out for AMAC families, we will keep you posted on this years theme and if you want to help out contact Kathy Andrew or Rhonda McBain.

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is back!

## CALENDAR

May 18	Victoria Day No Swimming
May 22-24	Mel Zajac Vancouver N/Y - National Qualifiers
May 23-24	T-Rex Calgary Y (Non A)/TAG
May 25	Spring AGM FLC
June 5-7	Cascade International Calgary N/Y - A Qualifiers
June 12-14	AB Age Group Trials Calgary Y/T - B Qualifiers
June 19	AMAC Year End Banquet
June 27-30	AB Age Group & Senior Provincials Calgary N/Y/T - A Qualifiers
July 8-11	Canadian Senior Nationals Montreal N - Senior Nat Qualifiers
July 16-19	Canadian Age Group Nationals Montreal N/Y - Age Nat Qualifiers
August 24-29	Canada Summer Games Charlottetown, PEI
Sept 8	National & Youth Swimming Begins
Sept 14-18	Free Swim Week